



# MAY 2018

## CALFRESH AWARENESS MONTH

CalFresh Awareness Month started in May of 2011 and is the official month dedicated to increasing public awareness of CalFresh. The state, counties and community based organizations are committed to bringing awareness, dispelling myths and assisting clients with CalFresh applications.

CalFresh helps to improve the health and well-being of qualified households and individuals by providing improved access to healthy and nutritious foods. Many are unaware they are eligible to receive benefits. Take the next step and be part of the movement to increase awareness!

<http://www.cdss.ca.gov/inforesources/CalFresh>



### JOHN LENNON FAN?

Show your admiration for John Lennon while also helping to feed the needy.

It's all part of an effort by the California Department of Social Services and the California Association of Food Banks to fund the state's food banks and hunger relief programs. The plates range in price from \$50 for a sequential plate to \$103 for a personalized plate.

Do your part to help feed Californians in need by preordering: <https://californiaincarnate.com/>

